

Kind Treasure Hug  
 Cherish Buddy Love  
 Fun Best Friend

Fun  
 Friend

**BUILDING**



**COMMUNITY**

Forever Hug  
 Cherish Love  
 Treasure Buddy Fun

Hug  
 Love

The images for this poster series were created by Michif / Métis Girls, Boys, Youth, Women, and Elders at the Sihtoskâtowin (working together, supporting each other) Exploring Métis Cultural and Family Values for Métis-specific Violence Prevention hosted by MNBC and MWBC in 2008.

The ideas about healthy families, children, adults, elders and communities are still as relevant today. The MWBC created these posters with the hope that you display them in your community or home and that they serve as a reminder about healthy connection as an important part of prevention of violence and promoting healthy families, communities, and a Métis Nation that promotes wellness, working together, and supporting each other. - Victoria Pruden, Métis Women British Columbia Chairperson, on behalf of Métis Women British Columbia

