The images for this poster series were created by Michif/Métis Girls, Boys, Youth, Women, and Elders at the Sihooting (working together, supporting each other) Exploring Métis Cultural and Family Values for Métis-specific Violence Prevention hosted by MNBC and MWBC in 2008.

The ideas about healthy families, children, adults, elders, and communities are still as relevant today. The MWBC created these posters with the hope that you display them in your community or home and that they serve as a reminder about healthy connection as an important part of prevention of violence and promoting healthy families, communities, and a Métis Nation that promotes wellness, working together, and supporting each other. – Victoria Prudoe, Métis Women British Columbia Chairperson, on behalf of Métis Women British Columbia