



For this episode in our Métis Speaker Series, we talk about environmental protection with Kaija Heitland, a citizen of the Métis Nation of British Columbia. Kaija teaches traditional land-based arts, where she incorporates art as a method of self-reclamation and community bonding. To better understand the unique relationship that Métis people have with the land, Kaija shares her perspective on ways to build better relationships. Her story is one of



Métis Speaker Series Season 2, Episode 4: Environmental Protection
– Kaija Heitland (Métis Citizen)

community, land preservation, and understanding.

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