



Métis Women
British Columbia



REGION 6 REPRESENTATIVE

JOCELYN FOIDART

Jocelyn Foidart (she/her) serves as the Métis Women's Representative for Region 6 and lives with gratitude on the traditional, unceded territory of the Wet'suwet'en First Nation, home of the Gitumden Clan. Her family and ancestors hail from the Red River region of Manitoba, including Winnipeg, Pigeon Lake, and St. François Xavier. Her family names—Barron, Lepine, Zace, Zastre, and Riel—reflect a legacy of resilience and leadership within the Métis Nation.

Jocelyn holds a Master of Social Work Degree and is a Registered Social Worker with the BC College of Social Workers. She brings a unique perspective from her experience as police officer, where she worked within systems to drive transformative change. Inspired by her powerful ancestors, Jocelyn is a bridge-builder, dedicated to empowering marginalized voices, and a relentless advocate for systemic change.

Her programming interests include housing strategies, mental health and land-based treatment options, 2SLGBTQIA+ rights, women's rights, and addressing the ongoing crisis of Missing and Murdered Indigenous Women, Girls, and Two-Spirit People (MMIWG2S). She is currently taking Indigenous Focusing-Oriented Therapy, further deepening her commitment to culturally safe and trauma-informed practices.

Jocelyn believes the systems we work in struggle to meet the needs of the communities they are meant to serve. For this reason, she focuses on fostering meaningful and sustainable outcomes through collaboration, leadership, and advocacy. Guided by the principles of bottom-up leadership, much like Louis Riel, Jocelyn works to empower communities to develop solutions that reflect their own needs and strengths. Her work prioritizes reconciliation and practical, community-driven approaches that support vulnerable populations.