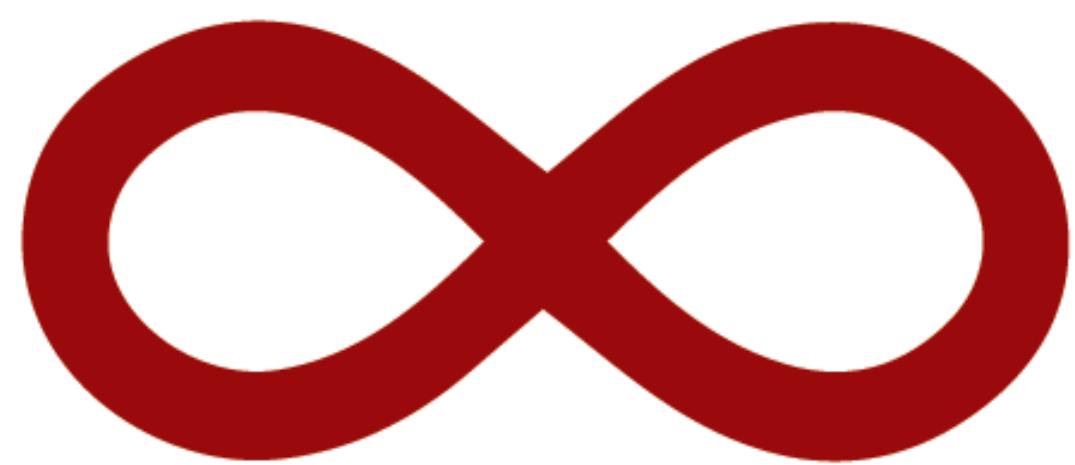


MÉTIS NATION BC HEALTH & WELLNESS

Issue 67 Up-To-Date Information as of July 9, 2021

MÉTIS CRISIS LINE



1-833-MÉTIS-BC

(1-833-638-4722)

24 hour access to Crisis Programs

IN THIS ISSUE

BC WILDFIRES -BANS

**UBC CANCER & WELLNESS
SOCIETY SEEKS MÉTIS ELDERS**

**MENTAL HEALTH AND
ADDICTIONS RESEARCH AGENDA
FOR BC- LOOKING FOR MÉTIS
PARTICIPANTS**

**EASED VISITATION RESTRICTIONS
FOR ELDERS & SENIORS LONG-
TERM CARE: JULY 19**

**INTERIOR HEALTH AUTHORITY
MOBILE VACCINE CLINICS**

**Please click on this link
to previous issues of
our COVID-19
newsletter for more
information.**

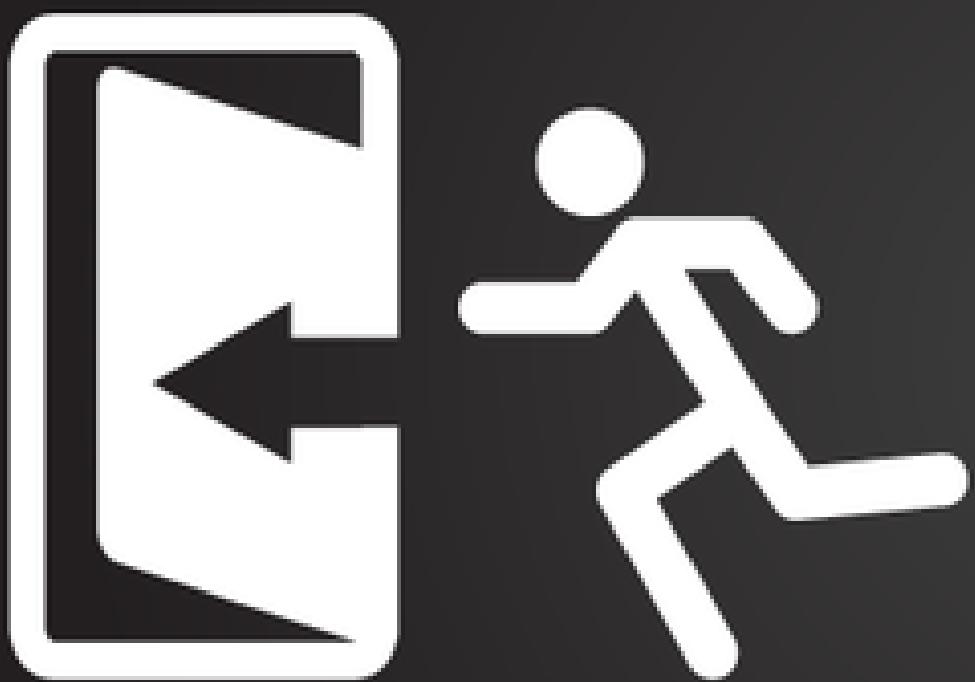


**MÉTIS NATION
BRITISH COLUMBIA**



BC WILDFIRE SERVICE

Campfire and open burning prohibitions
are currently in place across B.C.



EVACUATION ALERT:

Be ready to leave on short notice.

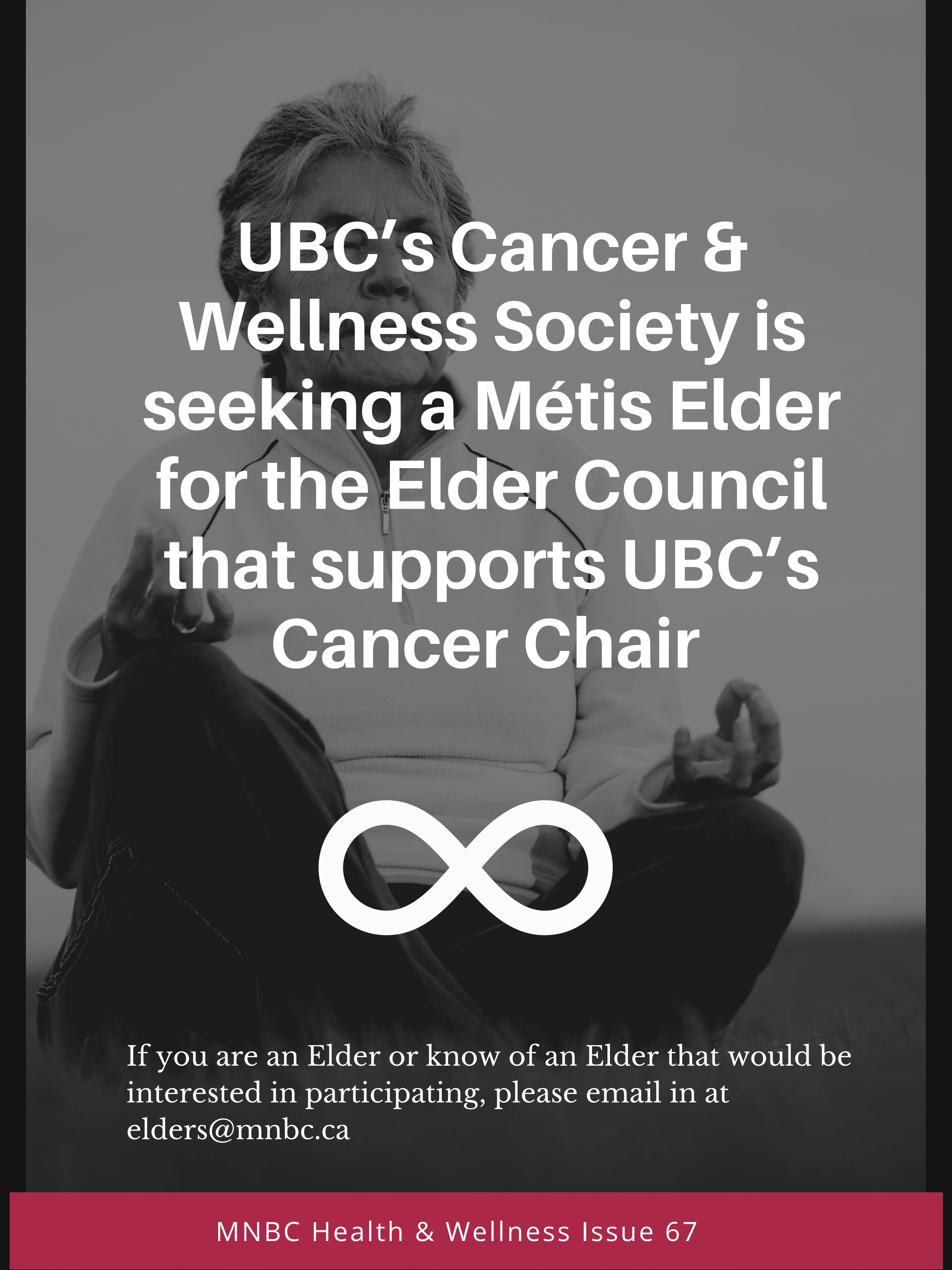
EVACUATION ORDER:

You are at risk. Leave the area **immediately**.

EVACUATION RESCINDED:

All is now safe and you can return home.

PREPARING IN ADVANCE FOR A POTENTIAL EVACUATION ALERT OR EVACUATION ORDER IS IMPORTANT DURING TIMES OF HEIGHTENED WILDFIRE RISK AND ACTIVITY. EVACUATION ALERTS AND ORDERS ARE PUT INTO PLACE BY LOCAL GOVERNMENTS.



**UBC's Cancer &
Wellness Society is
seeking a Métis Elder
for the Elder Council
that supports UBC's
Cancer Chair**



If you are an Elder or know of an Elder that would be interested in participating, please email in at elders@mnbca.ca

The Ministry of Mental Health and Addictions (MMHA) and partners are currently undertaking – the Mental Health and Addictions Research Agenda for BC.

MÉTIS VOICES ARE CRITICALLY IMPORTANT FOR SETTING THIS RESEARCH AGENDA

The project team is creating a research agenda to identify and prioritize the key gaps in knowledge and research related to system improvements for mental health and substance use.

This project is in collaboration with cross-government ministry partners, researchers and research institutions, First Nations, Métis and Inuit partners, service providers and professional organizations, funders, peers and people with lived experience, PWLLE and community organizations, families and caregivers.

Mikhail Torban from the MMHA is looking for Métis people and organizations who might be interested in participating.

The Ministry is compensating Métis people for their time.

Please contact Mikhail (Mikhail.Torban@gov.bc.ca) if you are interested. He will be happy to answer questions or provide more information if you need it!





The Indian Residential School Crisis Line (1-866-925-4419) is available 24 hours a day for anyone experiencing pain or distress as a result of their or their family's residential school experience.

1-833-METISBC

(1 - 8 3 3 - 6 3 8 - 4 7 2 2)



MÉTIS NATION
BRITISH COLUMBIA

in collaboration with KUU-US Crisis Services



As we gradually transition towards more social activity, everyone will be going at their own pace. Be respectful and kind as you consider others. Keep up your layers of protection and wear your mask in indoor public spaces until you're fully vaccinated.



EASED VISITATION RESTRICTIONS, NEW PROTECTIONS COMING FOR SENIORS IN LONG-TERM CARE

People in long-term care and seniors' assisted living and their loved ones will have more ways to safely spend time together, with a further easing of visitation rules coming into effect on July 19, 2021.

Changes to long-term care and seniors' assisted living include:

- Visitors will no longer need to schedule or book in advance to visit loved ones, and the limit on the number of visitors for each resident will be removed.
- Fully immunized visitors can visit with residents without wearing a mask.
- Larger, facility-wide social events or gatherings are safe to begin again.
- Indoor gatherings may include residents and staff across units of a facility, while outdoor gatherings may include family and friends.
- Adult day programs and in-facility respite can fully resume, providing additional health and well-being benefits for seniors and caregivers in community.

SEE DETAILS [HTTPS://NEWS.GOV.BC.CA/RELEASES/2021HLTH0124-001331](https://news.gov.bc.ca/releases/2021HLTH0124-001331)

Mobile Immunization Clinic

July 9-16
Mobile Clinic
Schedule

Interior Health has launched mobile immunization clinics that will travel throughout the Interior Health region offering easy access, same-day immunization for people to get their first dose.

***If 7 weeks (49 days) have past since your first dose, you're also welcome to drop in at our clinics during scheduled hours to get your second dose. No appointment is necessary.**

Friday, July 9

Blind Bay

Shuswap Lake Estates, 2404 Centennial Drive
11 a.m. - 6 p.m.

West Kelowna

George Pringle Elementary, 3770 Elliott Rd
12:30 - 7:30 p.m.

Saturday, July 10

Blind Bay

Shuswap Lake Estates, 2404 Centennial Drive
11 a.m. - 6 p.m.

Peachland

Cousins Park, 8th St and Beach Ave
11 a.m. - 6 p.m.

Vernon

Village Green Mall, 4900 27 Street
11 a.m. - 5 p.m.

Sunday, July 11.

Lake Country

Beasley Park, 3450 Woodsdale Road
11 a.m. - 6 p.m.

Peachland

Cousins Park, 8th St and Beach Ave
11 a.m. - 6 p.m.

Vernon

Village Green Mall, 4900 27 Street
11 a.m. - 5 p.m.

Monday, July 12

Lake Country

Beasley Park, 3450 Woodsdale Road
11 a.m. - 6 p.m.

Summerland

Memorial Park, 9999 Wharton Street
11 a.m. - 6 p.m.

Vernon

Village Green Mall, 4900 27 Street
11 a.m. - 5 p.m.

Tuesday, July 13

Oliver

Visitor Information Centre, 6431 Station Street
11 a.m. - 6 p.m.

Summerland

Memorial Park
11 a.m. - 6 p.m.

Kamloops

TBC
12:30 - 7:30 p.m.

Wednesday, July 14

Oliver

Visitor Information Centre, 6431 Station Street
11 a.m. - 6 p.m.

Rock Creek

Riverside Centre & Visitor Info, 3990 Hwy 3
11 a.m. - 6 p.m.

Kamloops

TBC
12:30 - 7:30

Thursday, July 15

Osoyoos

Gyro Osoyoos Park, 15 Park Place
11 a.m. - 6 p.m.

Grand Forks

Gospel Chapel, 7048 Donaldson Drive
11 a.m. - 6 p.m.

Kamloops

TBC
12:30 - 7:30 p.m.

Friday, July 16

Osoyoos

Gyro Osoyoos Park, 15 Park Place
11 a.m. - 6 p.m.

Grand Forks

Gospel Chapel, 7048 Donaldson Drive
11 a.m. - 6 p.m.

Penticton

Cherry Lane Mall (across from the food court),
2111 Main St
11 a.m. - 5 p.m.



THE MOBILE CLINICS ARE OPEN TO ANYONE BORN IN 2009 OR EARLIER WHO HAS NOT YET RECEIVED THEIR FIRST DOSE. [CLICK HERE FOR SCHEDULE](#)

GET YOUR COVID-19 VACCINES TODAY!

EVERY MÉTIS PERSON **12 AND OLDER** CAN NOW
REGISTER TO RECEIVE THEIR 1ST OR 2ND DOSE

 **REGISTER ONLINE**

www.getvaccinated.gov.bc.ca

Provide your Name, Date of Birth, Address with Postal Code, Personal Health Number & either your regularly checked email address or phone number

REGISTER BY PHONE

1-833-838-2323

Seven days a week, 7 am to 7 pm (PDT)

REGISTER BY PHONE IF YOU REQUIRE AN **IN-HOME
VISIT TO RECEIVE YOUR VACCINE**

REGISTER IN PERSON

At a local Service BC office

Office hours vary by location.

#Gottheshot

To book your first or second vaccine, call 1-833-838-2323 or visit www.getvaccinated.gov.bc.ca today.

All Métis, First Nations and Inuit 12+ are eligible to get their vaccines.

Do your part to protect our Nation and #GetVaccinated!