



MÉTIS NATION
BRITISH COLUMBIA

REGION 3: THOMPSON OKANAGAN

**CRITICAL SOCIAL INFRASTRUCTURE AND
FACILITIES MASTER PLAN ENGAGEMENT**

PHASE 2
DECEMBER 2023

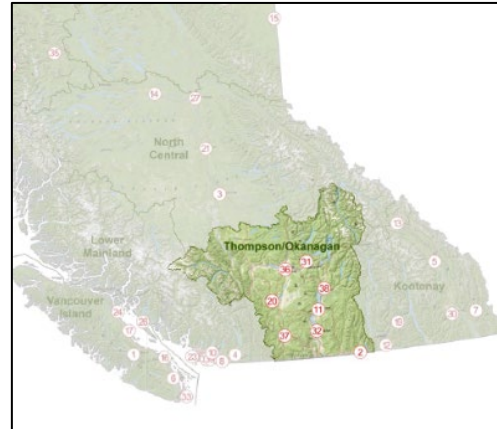
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David Nairne + Associates Ltd

REGION 3 – THOMPSON OKANAGAN

Region 3: Thompson Okanagan is home to eight (8) Métis Chartered Communities including:

- Boundary Métis Community Association (Grand Forks)
- Kelowna Métis Association (Kelowna)
- Nicola Valley & District Métis Association (Merritt)
- Salmon Arm Métis Association (Salmon Arm)
- South Okanagan Similkameen Métis Association (Penticton)
- Two Rivers Métis Society (Kamloops)
- Vernon & District Métis Association (Vernon)
- Vermillion Forks Métis Association (Princeton)



REGIONAL MÉTIS POPULATION

The following table presents the available population data for Region 3.

	Citizens*	% Total Métis Population	Total Métis Population **
Boundary Métis Community Association	125	3%	582
Kelowna Métis Association	1,139	25%	5,311
Nicola Valley & District Métis Association	243	5%	1,132
Salmon Arm Métis Association	487	11%	2,271
South Okanagan Similkameen Métis Association	601	13%	2,804
Two Rivers Métis Society	1,191	26%	5,554
Vernon & District Métis Association	723	16%	2,271
Vermillion Forks Métis Association	63	1%	294
Region 3: Total Population	4,572	100%	21,320

*The number of Registered Citizens by Chartered Community (Citizenship Data for Housing – June 2022)

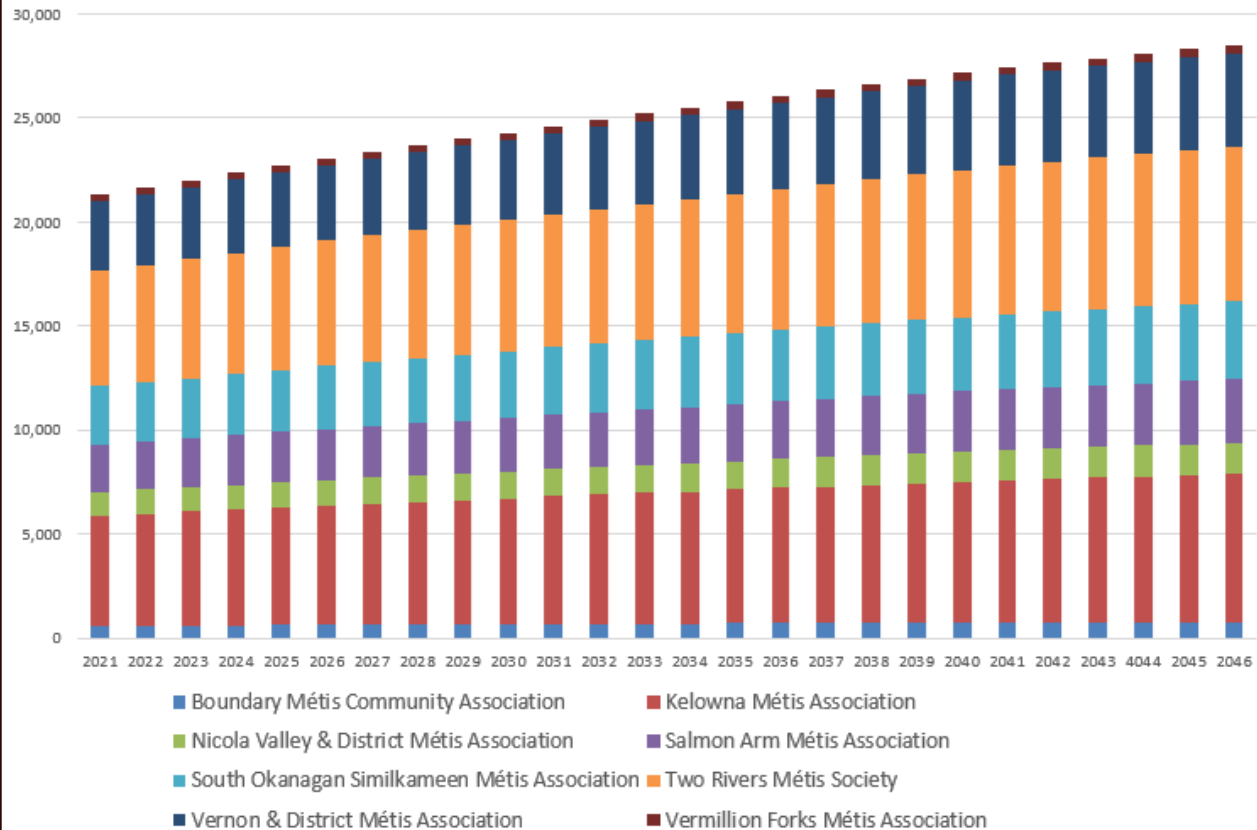
**Total Métis Population is an estimate that includes both MNBC Citizens and Total Métis. The starting point was the number of people in this Region who identified as Métis on the 2021 Census (9,530). That total was then distributed across the Region's

Chartered Communities based on the percentage of MNBC Citizens in each Chartered Community (per the June 2022 MNBC Registry data).

Sources: MNBC and Statistics Canada

Population Projections

As illustrated in the chart below, it is anticipated that the Region's Total Métis population will increase at an average rate of 1.3%¹ per year over the next 25 years; from a population of 21,320 to 28,500. This sustained population growth will create continued demand for MNBC housing, programs, facilities, and services.



¹ Based on BC Stats growth projections for Thompson/Okanagan Development Region

Engagement

To meet the objective of engaging MNBC Citizens, a comprehensive engagement effort was undertaken in all Regions. MNBC Citizens were offered the following opportunities to offer their perspective on Critical Social Infrastructure (CSI) needs in their communities:

- Leadership Engagement – Leadership (Presidents and Vice Presidents) workshops were held via Zoom in October and November 2022; eight (8) representatives from Region 3 attended.
- In-Person Workshops – An in-person workshop was held in Kelowna and Kamloops, BC on January 17th and 18th, 2023; 42 MNBC Citizens from Region 3 were in attendance.
- Online Workshops – Online workshops were held on January 23rd and 24th, 2023; four (4) Citizens from Region 3 attended the online workshops.
- Survey – 250 Métis Citizens from Region 3 responded to the survey.

Critical Social Infrastructure Priorities

Citizens identified CSI priorities through the survey and workshops. The following summarizes the top CSI priorities by category for this Region (additional detail is provided below):

- Affordable housing and rent or income supplement program
- Community education and training spaces, cultural gathering places, and paid office staff
- Financial assistance with internet or cell phone bills access to personal computers, access to high-speed internet and transportation
- Financial assistance with the purchase of groceries, community gardens/greenhouses, and traditional food harvesting opportunities
- Métis culture (language, arts, harvesting and hunting) and job skills and training programs
- Personal budgeting and financial wellness programs
- Transportation to health care services health and wellness programs and

The percentages in the charts below have been developed based on the survey responses from Region 3. The bullet points underneath reflect feedback and comments gathered at the in-person and online workshops and have been organized into two (2) categories (in some instances the survey outcomes and workshop outcomes contradict each other):

1. Priorities from the workshops - A summary of the top three (3) CSI priorities Citizens identified in their in-person and online sessions
2. Other top needs from workshops - A summary of the group discussion from in-person sessions, Jamboard™ information from online sessions, and information from leadership sessions²

This feedback has been used to formulate the CSI priorities for Region 3.

² Jamboard™ is a digital whiteboard that lets participants collaborate in real time using a web browser or mobile app. During online sessions, Citizens used Jamboard™ to provide comments and feedback on a variety of CSI-related topics.

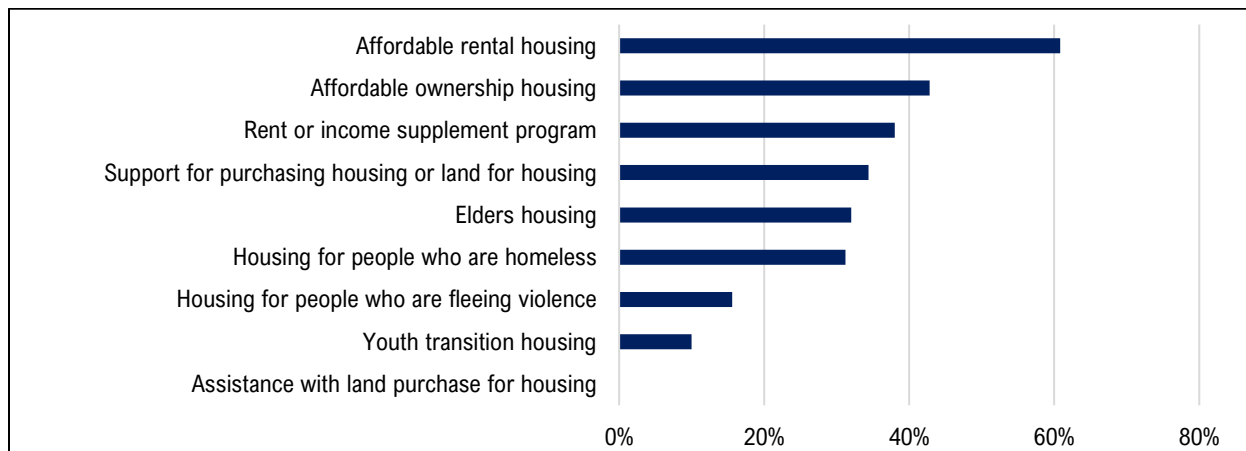


These photos were taken at in-person workshops in Region 3.

Housing



Top housing priorities from the survey include affordable rental housing, affordable ownership housing, and a rent or income supplement program.



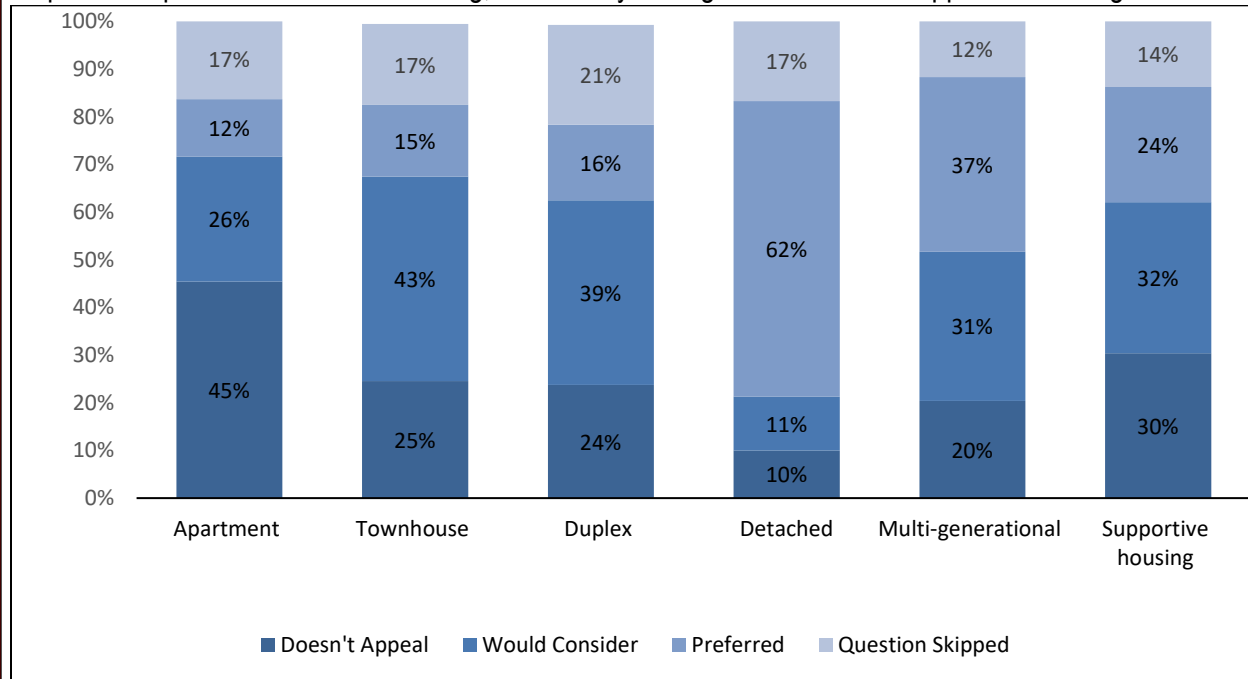
Priorities from the workshops include:

- Affordable housing, rental, co-op, and rent-to-own options for families, seniors, youth, and staff
- Accessible housing for seniors/Elders and people with disabilities
- Rent/income supplement program
- Housing repairs, maintenance, and renovation support

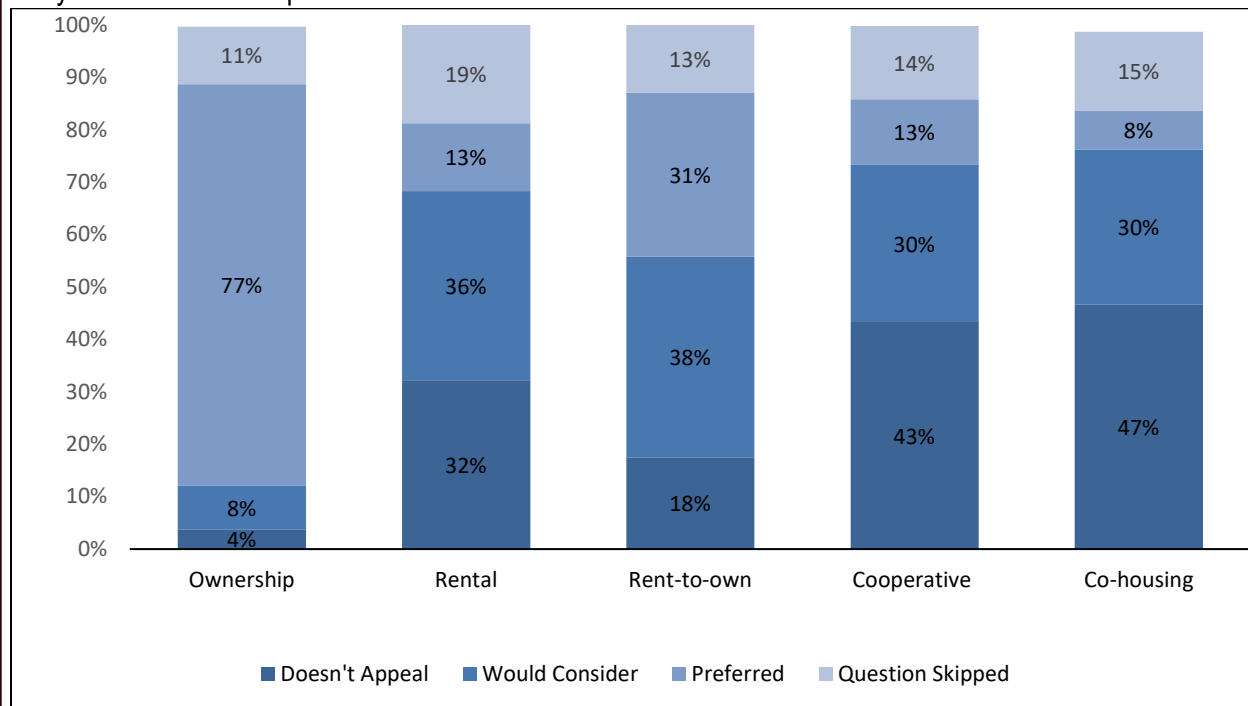
Other top needs from workshops include:

- Culturally safe housing and Métis-specific housing for homeless and vulnerable women
- Mixed-use buildings that include housing, office, and childcare services
- Supportive housing with necessary services (PO Box) and post incarceration support services
- Educate community on housing programs and available services

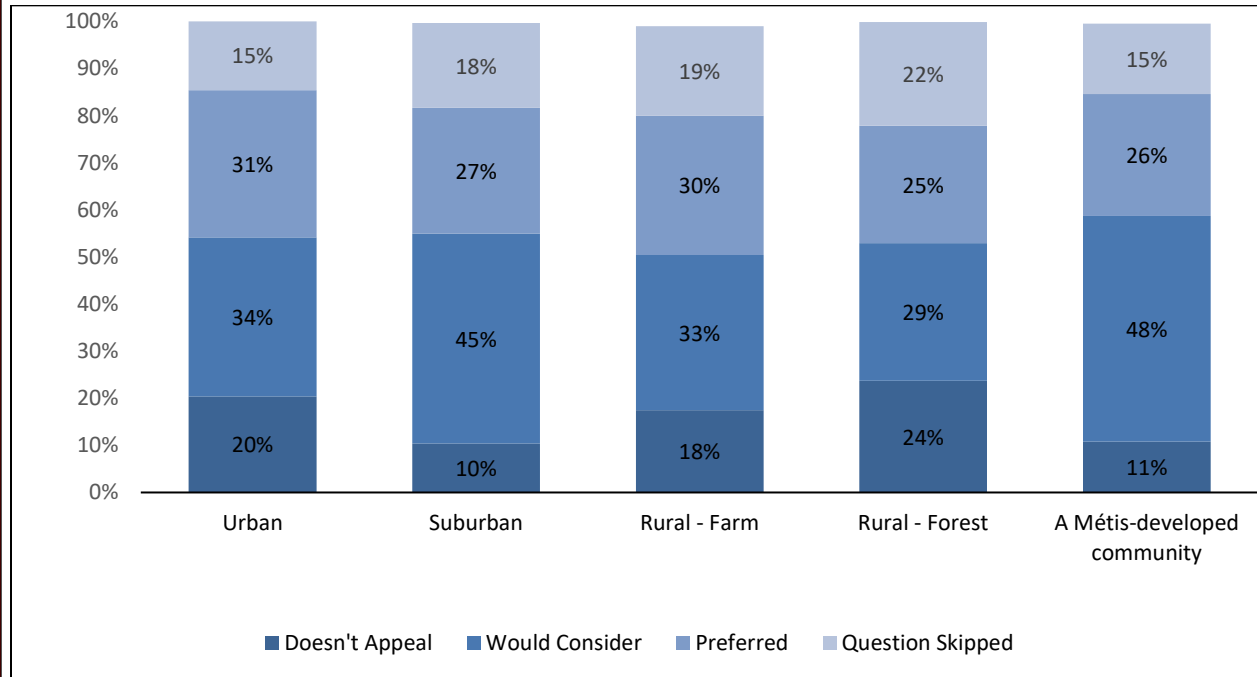
When asked to rank types of housing based on how well they would meet their family's needs, survey respondents preferred detached housing, followed by multi-generational and supportive housing.



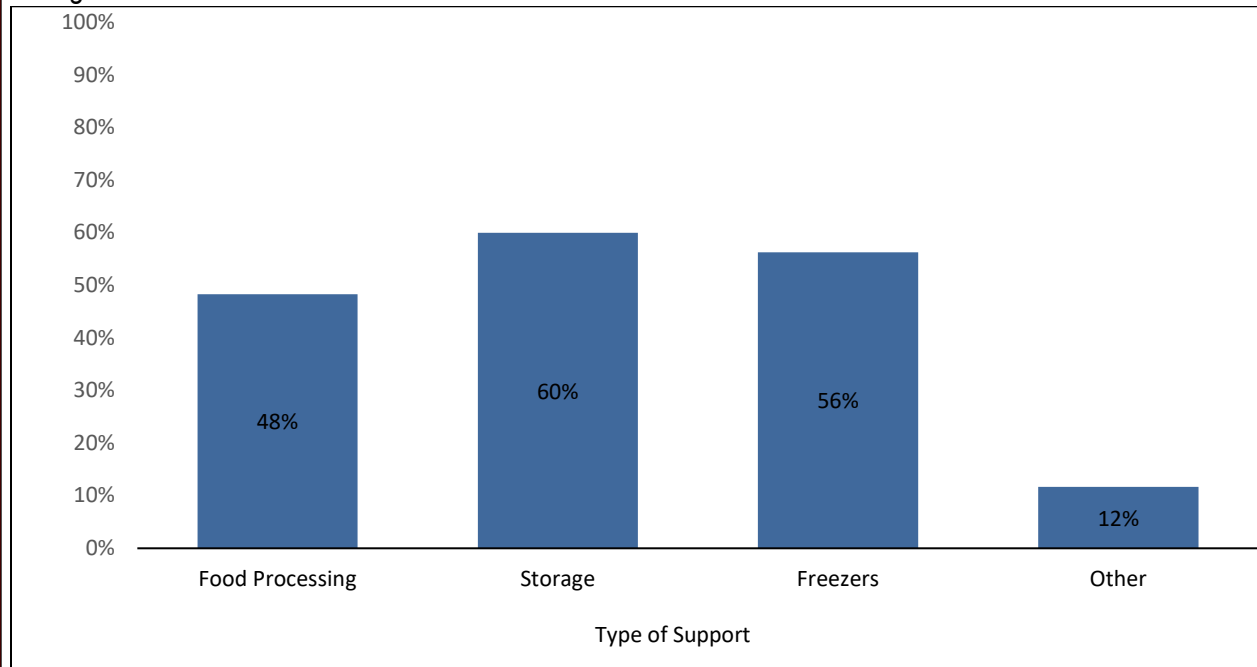
When asked to rank ownership/rental models to meet their family's current needs, respondents were more likely to select ownership and rent-to-own.



When asked which locations their family would prefer to live, respondents were most interested in an urban or rural farm locations.



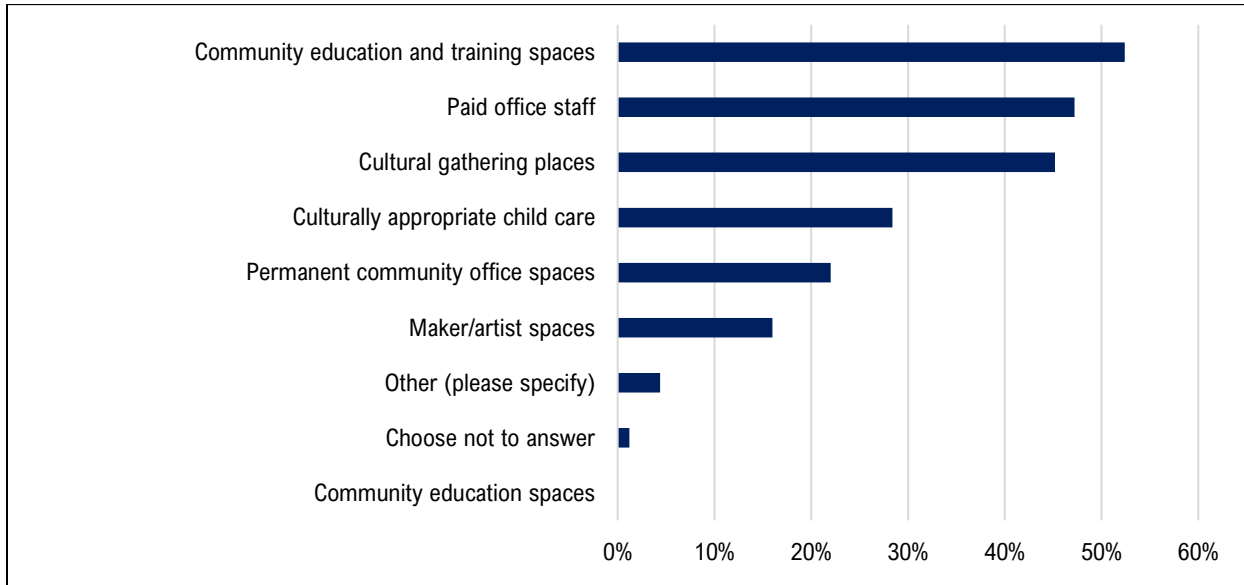
When asked what they would want in or near their home to best support their family, respondents preferred storage and freezers.



Cultural/Community Spaces



Cultural/community space priorities from the survey include community education and training spaces, paid office staff and cultural gathering places.



Priorities from the workshops include:

- Cultural programming to advance ability to pass on stories, language, skills, and history
- Métis guest speaker program including Elders, historians, artists, and educators
- Incorporate Métis education in local school system and offer educational scholarships
- Youth recreational and personal development programs

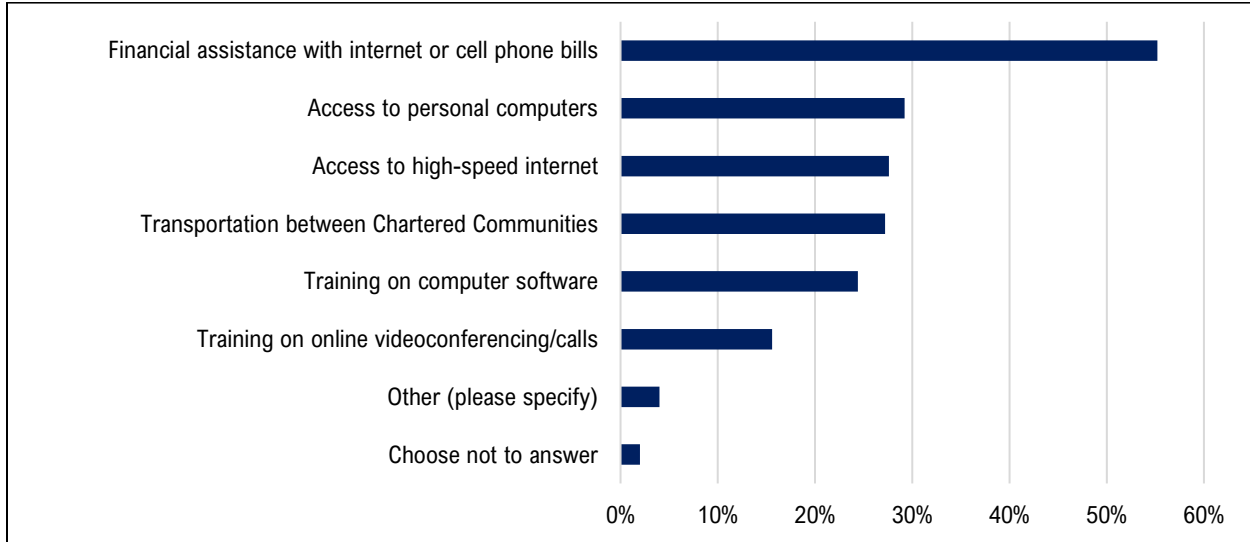
Other top needs from workshops include:

- Funding for community programming and cultural training – hire a community coordinator
- On the land programming including culture camps and retreats
- Mental health and addictions programs
- Employment education and training opportunities

Connectivity/Transportation



Connectivity/transportation priorities from the survey include financial assistance with internet or cell phone bills followed by access to personal computers and high-speed internet and transportation between Chartered Communities.



Priorities from the workshops include:

- Access to high-speed internet
- Accessible community shuttle/bus services/ car share program to transport people both in and outside of the community
- Financial assistance for transportation-related costs (bus pass)
- Technology training and support for Elders

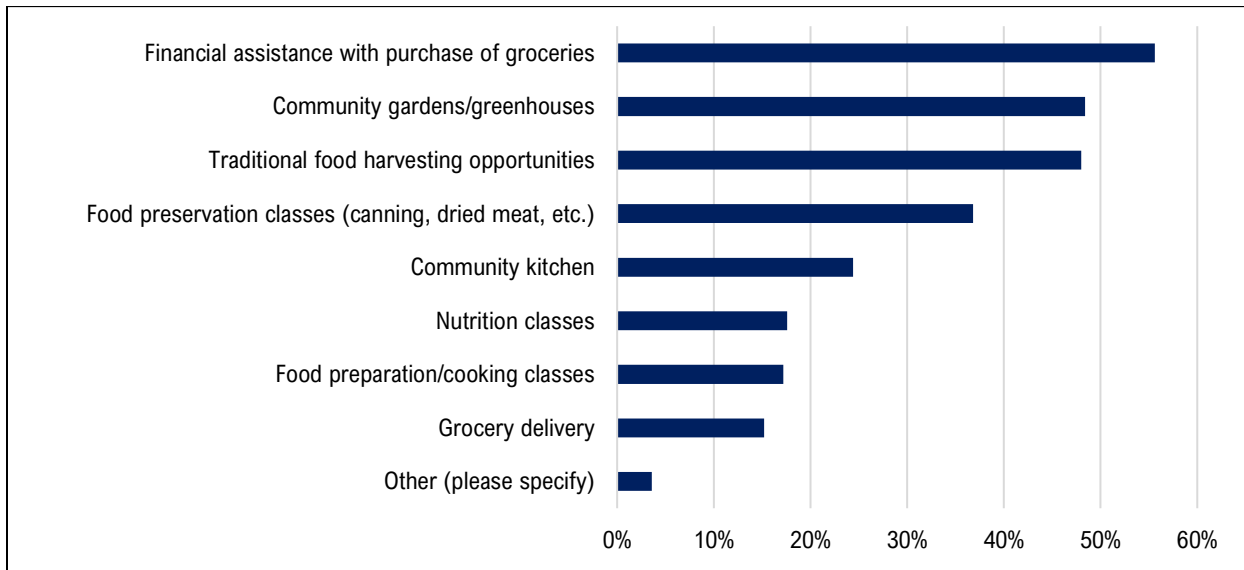
Other top needs from workshops include:

- Improve communications infrastructure including A/V equipment
- Financial assistance with internet and phone bills
- Strengthen partnerships and collaboration between service providers and Chartered Communities
- Driving lessons for Citizens

Food Security



Food security priorities from the survey include financial assistance with the purchase of groceries, community gardens/greenhouses, and traditional food harvesting opportunities.



Priorities from the workshops include:

- Community garden/greenhouse and gardening program
- Community kitchen and Métis Soup kitchen
- Traditional food harvesting and preservation classes
- Farmers market/co-op to buy groceries

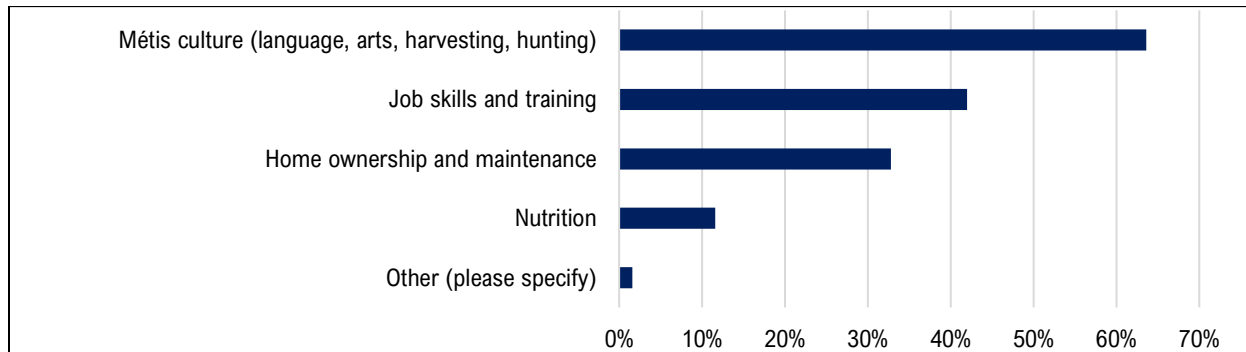
Other top needs from workshops include:

- Increase access to and education around nutritious food, including hiring a dietician
- Transportation to grocery stores for Elders/seniors and grocery delivery
- Food recovery program
- Grocery delivery program and food ticket/nutrition coupon program

Cultural/Personal Development Programs



Cultural/personal development program priorities from the survey include Métis culture (language, arts, harvesting and hunting) and job skills and training.



Priorities from the workshops include:

- Cultural programming to advance ability to pass on stories, language, skills, and history
- Métis guest speaker program including Elders, historians, artists, and educators
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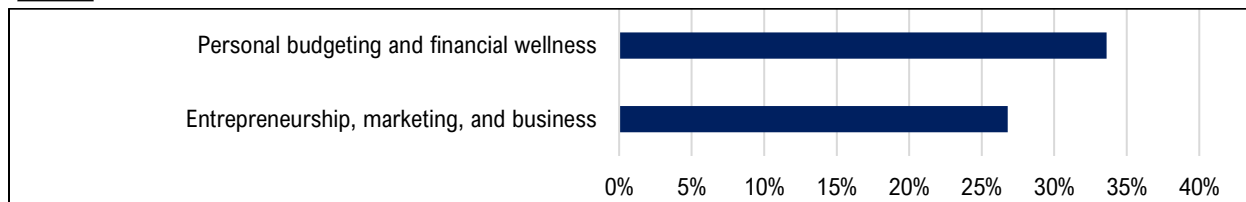
Other needs that Citizens highlighted include:

- Funding for community programming and cultural training, including hiring a community coordinator
- On the land programming including culture camps and retreats
- Mental health and addictions programs
- Employment education and training opportunities

Economic



Personal budgeting and financial wellness is the top economic priority from the survey.



Priorities from the workshops include:

- Dedicated funding to support our local association
- Small business support including microloans for entrepreneurs
- Support women-owned businesses
- Loans, grants, and professional guidance
- Co-op trading post

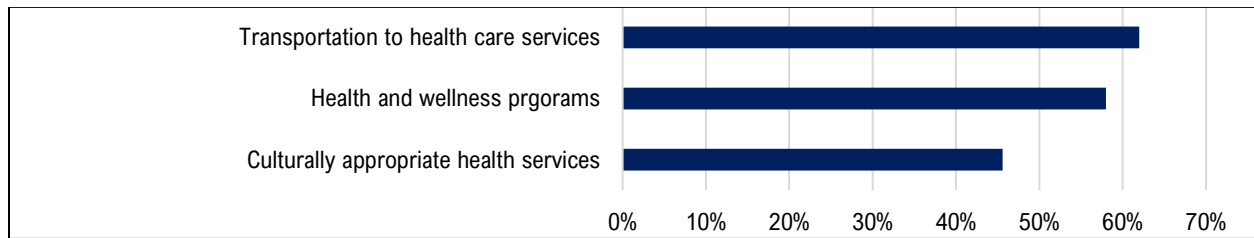
Other needs that Citizens highlighted include:

- Hire more paid staff
- Community office space/business centre that offers business planning, financing, and career counselling
- Personal budgeting and financial wellness courses
- Community office space/business centre
- Métis college or university

Health



Health priorities from the survey include transportation to health care services and health and wellness programs.

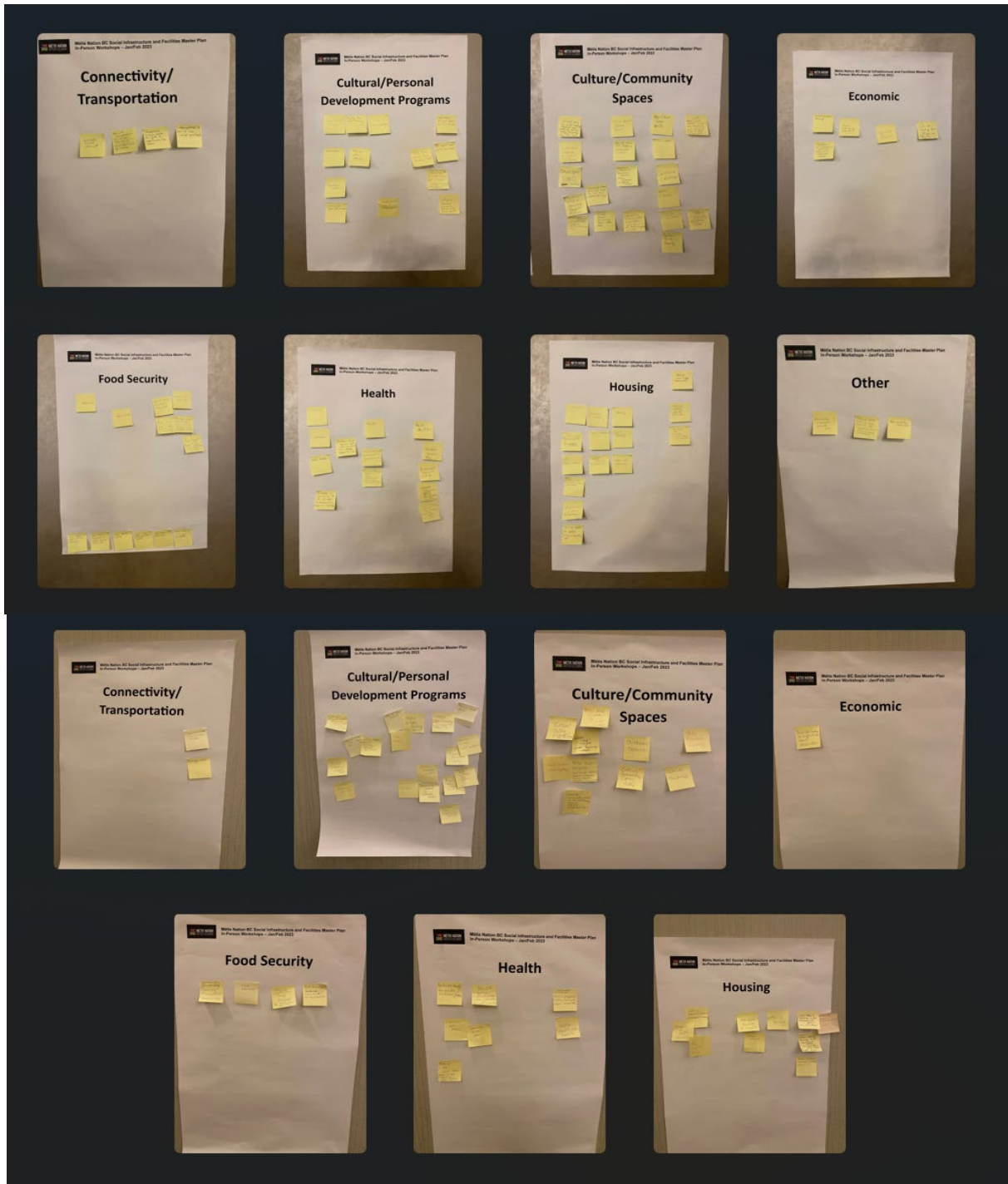


Priorities from the workshops include:

- Mental health and addictions services
- Holistic health centre that offers both western and traditional health services - including important health tests and screenings
- Health and dental plans
- Assistance for Elders/seniors and people with disabilities

Other needs that Citizens highlighted include:

- Women's health clinic
- More education on available health and wellness resources and services
- Transportation to medical appointments and health care services
- Youth health programs and services including early intervention and prevention supports, and pediatric health services
- Hire a community doctor/nurse practitioner



The photos above were taken at in-person workshops. Post-it notes were used by Citizens to record their priorities.

Appendix 1 – Engagement Summary

REGION 3 – Thompson Okanagan

**Kelowna, BC
January 17th, 2023**

CONNECTIVITY/ TRANSPORTATION

- Transportation for outer areas
 - o Need a van and a driver to pick seniors up and take to appointment
- Outreach
 - o Helping seniors and children
- Families/ seniors to access food
- Freezer, dryer for food
- Need for a website → Facebook not necessarily effective
- Communications → office staff, grant writing
- Samsung phones for elders
- Buses to transport elders
 - o Shuttle along with community space
- Subsidized Utilities, phones, Wi-Fi, taxi/ uber (medical) → Gas to get to work/ school
- Bus service for people in need
- Robust communications infrastructure (Includes, A/V equip and high-speed internet)

HOUSING

- Affordable housing/Supportive
 - o Métis Elders
 - o Family & Youth housing
 - o Vulnerable
- Multi-family housing with commercial space on 1st floor or Hub centre to rent out below
- Community housing → Co-op, multi-generational community + cultural spaces medicine garden
- Multi-purpose cultural/gathering facility
- Housing
 - o Rental
 - o Subsidized
- Assistance for affordable housing
- Staff housing, ECE → challenging to afford housing on the salaries
- Life lease → non-profit group can buy the land
- Partner with habitat for humanity
- whether it should be Métis distinct or include all Indigenous
- Hub: Combination of child care and office space and housing and meeting spaces
- Many communities in Region 3 – when does it go?
- Sense of community, security of tenure, supported by community
- Homeless, Indigenous, pregnant female nowhere to go → supportive housing that is culturally safe
- Fry facility? Wet facility?
- Affordable housing for elders (maybe combined with youth leaving care or entering rental market)
- Leased apartments
- Saskatchewan and Alberta elder housing

- Discussion around pregnancy centre
- Métis specific facilities for homeless or vulnerable women in Kelowna
 - o Connecting them with communities
- Homeless housed in Vernon Army Camp

CULTURE/ COMMUNITY SPACES

- Need Métis facility/multi-purpose cultural gathering space
 - o Community Centre (for various uses including seniors to youth child knowledge transfer and events or safe spaces)
 - Multipurpose
 - Intergenerational
 - Education
 - Cultural
 - Steps
 - o Treatment Centre
 - o Health care
 - o Areas for elders
 - o Elder in place
- Outdoor facility with community coordinator
 - Cultural
 - Gardening
 - Camping Events.
- Child care spaces desperately needed → facility spaces for child care → parents can't wait; child care spaces are needed
 - o Métis Knowledge keeper in schools
- Métis identity in community signs.
- Cultural Community Space (HUB) and addition of a medic clinic or multiple services in HUB with 55+ Life lease
- Land for
 - o Community garden
 - o On the land teaching
 - o Housing
 - o Daycare
 - o Hubs for education
 - o Office space
 - o Housing
 - o Support
 - o Icon for Métis community
- Métis Business Centre

HEALTH

- Dedicated funding for health and wellness program
- Connection with Elders
- Bridging the gap between people in active addictions and receiving supports without questions
- Wholistic elder care
- Health space; practitioners, western knowledge, and traditional knowledge
- Dedicated funding for:
 - o Elders programs
 - o Elders services
 - o Elders transportation
 - o In-home care, meals
- Métis Health Centre supports
- Health care team
- Diabetics prevention/education
- Culturally appropriate health care with traditional
- Health van
- Combine KMA & Métis community services
- Dentistry's, and dental plans for Métis people
- Mental Health – Seniors, youth → Culturally sensitive, access to ceremony, holistic health.
 - Better communication to know where to access and who to speak to receive help and know what is available in the community
 - Promote mental health with bringing kids together
- Youth Centre to promote healthier relationships (getting away from screens)
- Métis people prefer to include everyone in their services
- If the community is healthy, Métis community is healthy too
- Who is the point of contact in MNBC? CC needs executive directors
 - o More staffing to guide citizens who need mental or other health services
 - o Office space to support staff
 - o Maybe at the scale of Community (office space)
 - o Maybe more regional or provincial (MNBC) services
- Do Métis people know who to go to if they need help? Better messaging needed?
- Women, youth + gender-diverse health and wellness.
- Medical care → Culturally sensitive, community health checks, women's health, sexual health.
- Priority on health assistance for elders, children (as in drivers to appointments, subsidize transportation too)

ECONOMIC

- Dedicated funding to support our local association
- Métis-owned business need support, especially after COVID. They couldn't get support from the government

- Funding to support start-up business (loans/funding) → current loans are high interest)
- Métis family need help to run business
- Small offices with paid staff to help citizens with programs or remote staff
- Volunteers have limited time
- Partners with the communities to advocate programs
- Point of contact is really important for Métis people
- Tech support for elders + seniors
- 3D virtual for seniors
- Each community should have an office (Physical space) and office staff
- Entrepreneurial support, business, shared office space, boardroom, rental space → share it with the community, with community services
- Entrepreneurs
 - o Business planning
 - o Financing
 - o Career counselling → get from education to a career
- Education centre
 - o Métis University
 - o Incubator for entrepreneurs
- Education support; equitable education funding

CULTURAL/ PERSONAL DEVELOPMENT PROGRAMS

- History
 - o Find out about who we are
 - o Métis specific college or University?
- Funding to take Elders to Batoche
- Identify what is a Métis, nationally
 - o Moving past the history of scripts
 - o Educate the public
- Disparity between registered citizens and self-identified Métis
- Funding for office staff in chartered local association and community spaces
- Directory – who to talk to and ask questions (like elders)
 - o Elder sharing space, sharing knowledge
- Dedicated funding for elder services (travel, time, emotional, mental, spiritual wellbeing, helping with trauma and mental health etc.)
- Traditional teachings and sharing – Medicine wheel
- Healing (spiritually)
- Métis Library, YouTube Channel
- Help Métis become Métis
- Métis Speaker Program
 - o Elders
 - o Historians

- Artists
- Educators
- House/Apartment assistance
- Métis Artist/Writing (storytelling) – funding for Métis Artists
- Bringing Métis Culture to schools; Education about history of Métis
- Sports
 - Property to rent for sports → market a facility for revenue to get started
- On the land learning; need land for traditional teachings
- Building blocks closed → zoo spaces
- Addiction services, traditional circles for healing and for addiction services, land and guest; Need for traditional healing services and ceremony
- Outreach → health team
 - Perhaps dietician, add food security to this
- Need for resources → need additional capacity for the proposal of the project
 - Is there a staff member who can help
- Cultural retreat for traditional teachings/Culture camps
- Cultural centre/hub on bottom and daycare; elders, housing
- Intergenerational
- On the land teams
- Cultural education, support spaces; Culture Métis 101
- Speaker series – Métis elders, artists, musicians and language, storytelling
- Métis lol series
- Closer connection between service providers and the CC FN vs Métis Centre, Service Society
 - Should be greater collaboration → need an understanding of who does what
- Need to provide culture programs for all of the community
- Need for some supports to get the word out
- Education should be open to all → Cultural lessons should be open to all
- Use the public school district resources/ Partnering with public schools and the spaces they have
- Encourage youth to be proud of their Métis heritage
- Make it easier for people to become Métis
- Current youth activities vary based on the districts and some region or districts don't get the same services or education
- Develop education program to recognize all the Métis heritage, varieties
- Make more connections, registration and connections with other communities easier, more mainstreamed
- How to empower those with barriers through engagements process (another mtg for region 2 so that we can hear from more
- Funding for youth programs
- Culturally specific health care center or services accessible to Métis communities (Including mental health)
- Community coordinator
- Cultural mentoring, Métis youth working with elder. Elders working with children

- School funding for attendance K-12

FOOD SECURITY

- Community Gardens/ Community Gardening
 - o Canning & dehydration (teaching)
 - o Preservation (teaching)
 - o Greenhouses
 - o Vertical gardening
 - o Arctic Acres growing dome for community gardens
- Food Programs
- Métis Soup kitchen for all and helps educate
- Food Security → Have land for food forests
- Nutrition is an issue over hunger
- Dietician → dietary needs
- Smokehouse; cultural areas for traditional foods
- Sharing research
- Need for education programs
- Commercial kitchen for preparing traditional foods
- Freeze dryer for food security
- Lots of food bank in the community
- Food received from the bank very close to expiring though
 - o Taking food that is going to waste and finding a way to preserve it
 - Canning
 - Freeze, drying
- Learning skills, techniques for canning, cooking
- Gardening projects
 - o Harvest hut, people bring their extra produce and share community, sharing food and supplies
- Soup kitchen, or dedicated food server dedicated for homeless (for the whole community, not just Métis) → connected to community space
- How to subsidize food costs
 - o Bulk buy?
 - o Work with local farmers
 - Hunting/harvesting rights of land
 - Buy whole cows
- During COVID all the CC got funds to help communities, but COVID wasn't the cause of the needs and there is a huge need in community
- Chartered Community (CC) wants to purchase freezer in rented office to help out community
- CC is doing gardening, but small scale
- CC needs money, land and staff to provide more for the community
- Provide education and cooking lessons how to prepare healthy food

- Having Métis centre can promote food security
- Need more plans and strategy to make people more involved
- Transportation for especially elders are really important to access food and other services
- Land for agriculture
 - o Collaborate with municipalities
 - o Partnership or collaboration with the ALR?
 - o Too many rules keeping farmers from collaborating with Métis communities and municipalities
- Elders get coupons in the community to access some of food services in farmers markets

Appendix 2 – Engagement Summary

REGION 3 – Thompson Okanagan

**Kamloops, BC
January 18th, 2023**

HEALTH

- Health care
- Mental health
- Increase in assistance for disabled, pensioners, and those on assistance
- Outreach Centre
 - o Medical Staff
 - o Safe injections
 - o Mini storage
 - o Shelter facilities
- Money for fully funded physical therapies like physio, acupuncture, massage, etc.
- One stop healthcare centre
 - o Nurses
 - o Mental health
 - o Safe injection
 - o P.O. Box for homeless
- Health benefits/Extended benefits
 - o Eyes
 - o Dental
 - o Medications/Pharmacare
 - o Glasses
 - o Hearing aids, etc.
- Métis specific health centre/ mental health centre
- People visiting the region to do preventative health programs.
- Funding for physical therapy and therapy
 - Métis Nation
 - Manulife
 - Co-Pays or \$1,000
- Culturally informed healing.
 - Trauma
 - Injured
 - Suicide prevention hotline (there one existing).
- Drop-in nation-based clinic
 - Community specific medical clinic
- Employee family assistance program?
 - combine both.
- Cultural centre/ mental health
- Modify website.
 - MNBC mainstream index or directory.
- Dental
 - Nation specific dentist ties back Mannlife idea.
- Daycare
 - Need culture in daycare.

- Tranaqualle Farm (ALR)

FOOD SECURITY

- Food security
- Food co-op purchase (bulk)
- Space for growing cultural foods and processing them
- Buy land!! – local urban, gathering space, retail space; Also buy rural land for events, gardening, traditionally
- Acreage – owned by us where we could use to teach food security and cultural activities
- Base MNBC Programs to higher cost of living rates
- Raise shelter portion
- Community Garden
 - o Share the food from the garden
 - o Raised garden beds for seniors
- Land on reserve possibly could rent
- Need a program coordination
- Hunting for sustenance, don't have the right to hunt for sustenance
- Understand firearm safety + conservation
- Captain of the hunt in the region – hunt for moose, fish, sustenance
- Opportunities to have the community hunt and then distribute to the community
- Need a system to hunt
- Cultural team for hunting, food distribution
 - o Youth now don't know how to hunt.
 - o On the land/ culture camps – teaching kids to be on the land
 - o Take the kids back to the land
- Language is the connection to the land
- Growing who we are and where we come from
- Food securing is cultural knowledge
- Cultural camps – on a lake to go home for all seasons
- Right to hunt and fish, with the rights – come the responsibility
 - o We can be responsible with that right
 - o Exercise our traditional way and change them for the time
 - o Laws of the buffalo hunt
- Food security is culture

CULTURAL/ COMMUNITY SPACES

- Culture camp
 - o For youth teaching
 - o Traditional food, gathering, hunting, fishing, berry picking
 - o BUY THE LAND

- On the land property for cultural activities “Mini Batoche”
 - o Cultural events
 - o Camping
 - o Youth workshops
 - o Fun
- Purchase and build gathering space multi-use
- Community gathering space large enough for Louis Riel celebrations (400+)
- Permanent funded charter community space with paid staff
- Trauma-informed daycare spaces
- Help with family care – parents working visiting elders, inclusion
- Recreational spaces for powwows, retreats, family gatherings to return to nature
- Gardening, canning, food preservation while learning the Métis language as well
- Métis Cultural Centre!!! And cultural centre (Provincial wide gatherings/ hunting space)
- Métis-owned rural retreat, camping, for teaching and learning out of the urban setting
 - Land for hunting and gathering
 - indoor room for tanning/ canning, crafts (beading tuffins), camping ground, lodge house for visiting Métis people
- One stop shop for Merritt Chartered communities
 - Office space
 - Cultural multi-use space
 - Childcare
 - Commercial Kitchen
- Cultural training. Take staff to region take staff to be on the land
- Modul will include a cultural center for Métis people
- Need a sense of belonging
- Meeting needs from infancy to the elderly
- Now to support older Métis people
- Métis CFS office will be located there as well
- What are the needs of the community – build it based on the size of the community
- Need to know the boundaries for the other chartered communities so can understand the true need. Need boundaries for infrastructure + needs
- Dedicated youth centre
 - gymnasium for everyone
 - gym/ community centre.
- Need place to accommodate 400-500PM Louis Riel Centre
- Families needing cultural belonging
- Training/ education centre
- Cultural courses
- Two River needs more office space

CONNECTIVITY/ TRANSPORTATION

- Transportation for seniors to events/
- Hospital visits/ appointments
 - Many have appointments in Kelowna/ Vancouver
- Scheduled transportation/ once a week/ parking in downtown is really bad
- If MNBC/ CC covers the cost of medical transportation
- Ministry of Health covers the cost/ help isolated communities with transportation
- CC community needs more help to rationalize spending/ MNBC needs more low barriers for grants
- MNBC needs to provide more information with grants like Covid money
- Shuttle busses to bring community to plot of land
- Funding for bus passes and/or free bus pass for everyone
- Driving lessons with shared car
- Car assistance
 - buying a car the nation pitches in. A flat rate (ex. 5 cents)
- Gas cards (Already giving these out based on need)
 - Need connecting more standard
 - or insurance subsidy
- Interprovincial travel Eways to help (Paying for Ebus – Greyhound)
- Homecoming/pilgrimage to homeland (to Winnipeg)
- Greyhound fleet
- Electric scooters + bikes and bike infrastructure
- Account with yellow cabs (Voucher system)
- Cellphone bill financial system
- Internet providers – free internet
- Health care – how to get people to Kelowna for cancer treatments/ heart
- MNBC Health would find a way
- Effective transportation would help people to be healthier
- Get people to food stores, health appointments
 - Access to transportation to health appointments
 - How to get elders to and from places
- Receive same services on First Nation Health Authority
- It's about safety (MMIWG)
- Recognizing MNBC government of the Métis people
- Health Care
 - Métis don't have access to J.P.

HOUSING

- Affordable housing
- Family affordable rentals
- Elders and disabled housing, low rentals

- Housing. Low rentals
- Housing support for people living on poverty line
- Renovations upgrades
- Housing repairs
- Co-operative housing incentives
- Métis Community
- Métis Coop housing
- Subsidized Métis Housing
 - o Elders
 - o Youth
 - o Homeless
 - o Marginalized
 - o Single parents
- Housing, food safety, transportation
- Pay more attention to who are barely making it and help them be more stable
- First time homebuyers could be useful
- Co-housing could be a good idea
- LMO has done a good job with supporting youth. Housing should be citizen specific first. Bout for cultural centres
- Housing in isolated areas is more important
- Citizens at this table didn't know about any of the programs. Website and forms are complicated
- More housing programs for youth going to school
- Métis citizens who are studying can't afford housing
- Citizens don't have access to information. Not even social workers know about the programs
- Housing integrated with other services, including:
 - Elder
 - youth care center
 - Chartered comm offices
 - sub-office for LMO (Métis child and family services provider)
 - Community kitchen
 - computers for access to internet
- Enhanced rent support program includes: more money for people with disabilities
 - Supportive housing and supportive services (PO Box)
 - Outreach services centre (With housing)
 - Safe consumption centre
 - Storage lockers
 - Transit tickets/ passes
 - Kookumis cupboard (Food pantry/ bank)
- More affordable housing
 - Market housing rent 14-1500 1bedroom (Kamloops)
 - Subsidized housing would be important
 - Based on your total income
- Needs more multi-family units

- Better zoning for suites, coach homes
- Grants for homeowner construction of houses suites
- Purchases several apartments and convert to assisted living for Métis
- Métis distinct housing first before helping First Nation
- Senior housing with units saved for university students who can work and help in the building
- Co-op Elders home (detached home) 0 Living independently
- Mini housing, tiny homes
 - 2-3 homes on a city lot
- Targeted MCFS housing
- First time buyers → Help with down payment
 - Young Métis families
- Emergency funding to assist those in need
- Disabilities
- Homelessness is an issue/ Vulnerable
- How to support prison to go to make a living
- Current project is for at risk family
- Attached daycare
 - trauma informed
 - wrap around services

ECONOMIC

- Small Business start-up
- Encourage individuality for self-employment opportunities
- Loans, grants and professional guidance to people, Loan/ Grant to support business
- Women, small business, support/ Encouragement for female business owner/ entrepreneur
“Women in Business”
- Co-op trading post – if you have extra, sell it or trade it
- Sponsoring citizens to travel to indigenous gatherings/ cultural gatherings
- Funding to support Métis business start-ups
- Low interest loan for business/ help with their business license
- Help with their resume/ business plan/ how to start a business
- Central warehouse (Métis Cost-co – Bulk purchases)
- Somewhere to send excess food to be distribute to those in need. Or for purchase
- Teach people skills to hunt and gather themselves. They can make their own food. This food would help them economically
- Métis Specific online trading space
- Classes entrepreneurship
 - Programs to learn how to set-up a business
 - Classes in the Community
- Métis college/ university. Give people the skills to control their economic future
- Help with ideas and support to implement your plan

- Grants for people with good business plans
- Dedicated business advisor to help with planning, pre-planning for businesses
- Workshops on financial literacy and planning
 - Understanding credit/how to improve their rating
 - Financial family needs to start only
- Universal basic income
- Increased benefits for housing + food for homeless
- Microloans for entrepreneurs (Maybe \$500-\$1,000) (Beaders, tailors, artists)
- Communal office space for paperwork/ admin
 - With chartered community office
 - adds personality to meet clients

CULTURAL/ PERSONAL DEVELOPMENT PROGRAMS

- Help with genealogy/ make it easier and low barriers
- Mental health/ MNBC has some program but is not enough
- Lack of programs/ trauma informed Métis specific
- More research on Métis mental health
 - Understanding the cultural impacts on mental health
- CC is trying to figure out more strategies – like community gatherings
- To use covid money for food/ transportation and community engagement
- Even a Soup Circle which brings people together
 - CC can use it as an example
- It is hard to connect and find other citizens
- CC vice presidents personally reach out. Wearing Métis such. CC need more sashes/ more newsletters
- A piece of land for citizens to camp on/ BBQ/ gatherings/ with no property. Need cultural space
 - Currently relying on LMO
 - Need space for BBQ, traditional space, riding a horse, training space
 - Skinning and dying the hide
- Get together once a month/ Louis Riel Day
- Two River needs more office space/ New two river office space is not enough
- Kids learning to grow own food already existing.
 - Rural property has dirt + seeds people to come + learn about property
- Seed specific to the ecosystem
- Paid staff members to help run the programs
 - Consistent and constant funding
- People leave because they need to make money + Stay employed
- Gathering space for kids
 - Urban space to own
- Youth camp
 - no charge FFS basis

- Intergenerational children, skill to learn with different ages
- Ownership big theme
- Need a gathering space for connectivity
 - way to bring the community together
- Education.
 - Generation that has been misinformed of heritage
 - Bring back culture
 - spread the older values
 - Stand on two feet, then help others
- Money into rural property by lake
 - Create their own Métis retreat
 - Pilgrimage (like Lake Sayton). – Bring family and community
- Fighting stigma around finding lineage + connecting with lost family
- Promote community and engage the people that are just learning they are Métis

FOOD SECURITY

- Everyone should learn to grow a garden
 - Indoor gardens for apartments
- Food co-operatives
 - Differences in packages and option to purchase more
 - Once a month, pick up your parcel
 - Work directly with famers. – Fresh fruit, veggies, meat
 - Bulk pricing, possibly subsidized
- Gardening program (Restart) \$200,000 for suppliers (Dirt, seeds, newsletter)
- Canning skills + processes/ bone broth
- Ongoing cooking programs (Métis Dishes)
- Métis food policy council
- Hydropower, wall gardens, growing herbs, seed exchange
- Insulated greenhouses, root cellar
- Low barrier access to community gardens
- Butler Urban farm
 - No fencing (Don't need a fence)
- Cultural plant programs + work with local FN + be respectful of the land
- Traditional Medicare, incorporate Métis + Local knowledge
- Buy a plot and rural land for greenhouses
 - Trading with other greenhouses
- Teaching gardening/ training
- Knowledge keepers
 - Teach to hunt + youth camps, canning
- A place to get back to land
- Hide training

- Cultural events
 - o Elders teaching youths, learn about food
 - o Gardening training session
- Giving youth confidence to be in nature
- Property can house numerous things.
- How to cook, shop
 - o How to spend money
- Evacuate centre
- Teaching how to cultivate in a small space
- Food exchange
- Sign up for food delivery
 - o CSA drop-off spot
- Food ticket program
 - o Stimulate local economy farmers get reimbursed from MNBC