

**FOR MORE INFO,  
PLEASE VISIT**

**Health Canada: About Vaping**

<https://www.canada.ca/en/health-canada/services/smoking-tobacco/vaping.html>



If you have other questions please  
email: [health@mnbc.ca](mailto:health@mnbc.ca)

# VAPING TARGETS YOUTH

FACTS QUESTIONS ANSWERS



## OTHER NAMES?

Vape, Vape Pens, Mods, E-cigs,  
E-hookahs and Electronic Cigarettes

## INGREDIENTS?

Glycerol, formaldehyde, and acrolein.  
Also, metals such as tin, nickel and  
aluminum.

## CONTACT US



**MÉTIS NATION**  
BRITISH COLUMBIA

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**MÉTIS NATION**  
BRITISH COLUMBIA

# VAPING...

In Canada, as of November 14, 2019, there are eight confirmed or probable cases of severe lung illness related to vaping:

3 confirmed cases in Quebec, 5 probable cases in New Brunswick (2) and British Columbia (3)

<https://www.canada.ca/en/public-health/services/diseases/vaping-pulmonary-illness.html>

**23%** of students in grade 7-12 have tried vaping.

**15%** of Canadians have tried a vaping product. Youth (15 to 19 years) and young adults (20 to 24 years) have the highest rates of trying vaping. This compares to adults 25 years and older.

**53%** of all students thought it would be "fairly easy" or "very easy" to get a vaping product such as e-cigarettes if they wanted one.

The Canadian Tobacco, Alcohol and Drugs Survey (CTADS)

# ...IS NOT HARMLESS

## WHAT MÉTIS YOUTH WANT TO KNOW ABOUT VAPING

### WHAT ARE THE HEALTH RISKS?

- Increase exposure to chemical and potentially toxic substances.
- Leads to Nicotine addiction and possible poisoning.
- Rare cases of defective batteries causing fires and explosions.
- Confirmed cases of severe lung illness.

<https://www.canada.ca/en/health-canada/services/smoking-tobacco/vaping.html>

### HOW IS VAPING MARKETED?

Social Media • Gas Stations • New Flavors • Sponsoring Popular Events  
Offering Scholarships for Students in exchange for positive vaping essays or articles

<https://truthinitiative.org/>